Sandwiches

served with salad & crisps, on granary or white bread

Coronation chicken GF DF **£10.50** mango, AJ's onion bhaji, coriander

Smoked salmon GF DF £9.75

dill crème fraîche, cucumber, watercress

Davidstow mature Cheddar GF £9.75

Wistman's Cider & apple chutney

Fish finger & chip Butty £10.50

curried tartare sauce

Dartmoor Ale deli bagel GF £11.50

Dragon's Breath bagel, pastrami, Cornish cumin gouda, pickled cucumber, Kigh's sauerkraut, Legend ale mustard & dill dressing

Loaded Chapatti £9.75

AJ's cauliflower pakora, red cabbage relish, tomato & chilli jam, spiced mango mayo, baby gem, bhel salad

Light Bites

Soup of the day GF DF £8.95

Lyn's cheese scone, Cornish butter

Prawn cocktail GF DF £11.75

marinated heritage tomatoes, chermoula mayo, pickled shallots, confit lemon, chicory & dill salad, crab toast

Aloo tikki chaat GF DF £8.95

coconut raita, tamarind, pomegranate & coriander bhel salad

Thai fried chicken GF DF £10.25

lime leaf & lemon grass aïoli, The Bedford fermented sriracha

Mains

Roasted loin of Devon pork GF DF £21.50

roast potatoes, glazed root vegetables, buttered greens, Kigh's pulled pork, apple sauce, gravy, pork crumb

Jail Ale battered sustainable local cod GF DF £23.95

chips, gherkin, Jail Ale pickled egg, crushed pea and mint, tartare sauce, herb salad, malt sea salt, burnt lemon

The Bedford beef & Dartmoor Jail Ale pie £25.50

smoked brisket, garlic mash, Cornish greens, onion ring, watercress **Sauce**: Red wine jus £3.50

Wild mushroom gnocchi GF DF £ 21.50

black truffle, shallot & wild mushroom fricassee, feta, pangritata, charred Tamar Valley Spring onions, nasturtium, leek oil

The Bedford Hotel

Tavistock

Sides

Chips, aioli VE DF £6.75

This season's best vegetables VE GF DF £5

House salad, Dijon vinaigrette VE GF DF £5

Buttered Cornish new potatoes VE GF DF £5

Charred tenderstem broccoli, Dijon vinaigrette VE GF DF £6

Desserts

Lyn's warm treacle tart £8.00

raspberries, almonds

The Bedford toffee apple & frangipane crumble pie £9.75 malt ice cream, hazelnut & honeycomb

Selection of ice creams & sorbets GF £8.25

West Country cheeses GF DF VE £10.75

Dartmoor Wistman's Cider & apple chutney, oat cakes, walnuts, grapes

Tea & Coffee

Americano £3.65 Flat white £4.00 Cappuccino £4.00 Cafetière £4.00 Espresso £2.50 Mocha £4.30 Hot chocolate £4.30 Irish coffee £9.50 Latte £4.00

Selection of Twining's teas £3.75

English Breakfast, Assam, Earl Grey, Peppermint, Lemon & Ginger, Chamomile, Red Bush, Green, Raspberry & Cranberry

Cream teas & Sweet Treats

(Available all day)

Devon Cream Tea £8.50

Large warm homemade scone, Hogs Bottom strawberry jam, Langage Farm clotted cream, tea or coffee

The Bedford's award-winning savoury cream tea £8.95

Quicke's Cheddar & nigella seed scone, grape & verjus jam, Devon blue cheese butter, walnut, pickled celery, apple crisp, mustard cress, tea or coffee

Homemade cake of the day £3.95 Homemade cookie £2.25



Food items may contain allergens. If you have a food allergy or intolerance, please inform your server before placing your order. Please be aware that we are unable to 100% guarantee the absence of allergens in any dish.

GF: Can be adapted to gluten free on request. DF: Can be adapted to dairy free on request. VE: Can be adapted to vegan on request.







