

# Lunch & Lighter Bites

Sandwiches 12 noon – 5pm | Lunches & Light Bites 12 noon – 2:30pm  
Cream tea, cakes and hot drinks all day

## Sandwiches

served with salad & crisps, on granary or white bread

### Coronation chicken GF DF £10.50

mango, AJ's onion bhaji, coriander

### Davidstow mature Cheddar ploughman's GF DF VE £12.50

Davidstow mature Cheddar sandwich, Dartmoor Wistman's Cider & apple chutney, pickled onion, gherkin, grapes, boiled egg

### Smoked salmon GF DF £9.75

dill crème fraîche, pickled shallots, cucumber, cress

### Fish finger & chip butty £10.50

curried tartare sauce

### Dartmoor Ale deli bagel GF £11.50

Dragon's Breath bagel, pastrami, Cornish cumin Gouda, pickled cucumber, Kigh's sauerkraut, Legend Ale mustard & dill dressing

### The Bedford grilled Bombay sandwich £11.25

tomato, onion, Cornish Ratte potato, North Devon mature Cheddar, chaat masala, coriander chutney, fried egg, spiced mango mayo

### Loaded chapatti £9.75

AJ's cauliflower pakora, red cabbage relish, tomato & chilli jam, spiced mango mayo, baby gem, bhel salad

## Light Bites

### Soup of the day GF DF VE £8.95

Kigh's Godminster Cheddar cheese scone, Cornish butter

### The Bedford prawn cocktail GF DF £11.75

marinated heritage tomatoes, chermoula mayo, pickled shallots, confit lemon, chicory & dill salad, crab toast

### Thai fried chicken GF DF £10.25

lime leaf & lemon grass aioli, The Bedford fermented sriracha

### Arun's smoked fishcakes GF DF £9.75

cucumber, fennel tzatziki

### Brixham scallops GF DF £12.95

onion soubise, XO sauce, sesame marinated cucumber, nori rice cracker, duck scratchings, coriander

### Smoked ham hock bon bon £9.75

pork scratching, Devon blue cheese mayo, pickled celery, compressed Granny Smith apple & frisee salad

### Aloo tikki chaat GF DF £8.95

coconut raita, tamarind, pomegranate & coriander bhel salad

### The Bedford eggs royale GF £15.95

*choose smoked salmon & caviar OR smoked ham & porky crumb*, buttered baby spinach, poached Black Dog free range eggs, hollandaise sauce, soft muffin, watercress salad

Food items may contain allergens. If you have a food allergy or intolerance, please inform your server before placing your order.

We cannot 100% guarantee the absence of allergens in any dish.

GF: Can be adapted to gluten free DF: Can be adapted to dairy free VE: Can be adapted to vegan



THE BEDFORD HOTEL  
In the heart of Tavistock



# Mains

## **28 Day aged Dartmoor beef steak of the day** GF DF **£38.50**

(please ask for today's cut)

Tamar Valley heritage tomatoes, triple cooked chips, smoked brisket & oyster mushroom ragu,  
beef dripping crumb, onion rings, watercress

**Sauces:** *Devon Blue cheese, peppercorn, Diane, Café de Paris butter, red wine jus* **£3.50**

## **Jail Ale battered sustainable local cod** GF DF **£23.95**

triple cooked chips, gherkin, Jail Ale pickled egg, crushed pea and mint,  
curried tartare sauce, herb salad, malt sea salt, burnt lemon

## **Market fish of the day** GF DF **£26**

## **The Bedford smoked chicken Caesar salad** GF DF **£18.50**

baby gem, soft boiled egg, aged parmesan, pancetta crisp, anchovies, sourdough croutons

## **The Bedford beef & Dartmoor Jail Ale pie** **£25.50**

smoked brisket, garlic mash, Cornish greens, onion ring, jus, watercress

**Sauce:** *Red wine jus* **£3.50**

## **The Bedford curry of the day** GF DF **£25.50**

includes steamed fragrant rice and traditional accompaniments

## **Hay smoked Creedy Carver duck breast** GF DF **£26.50**

golden beetroot mole, charred Tamar Valley spring onions, confit leg pomme Dauphine,  
smoked pancetta & hazelnut dukkah, orange, nasturtium

## **Dartmoor lamb rump** GF DF **£27.50**

smoked Cornish leek & lovage pearl barley risotto, spiced lamb faggot, borage flower, pickled shallots, puffed grains, jus

## **Indonesian usih of tempeh** GF DF **£22.50**

steamed fragrant rice, jackfruit satay, atjar tjampoer, seroendeng, sambal, crispy onions, coriander salad, roti bread

## **Wild mushroom gnocchi** GF DF **£21.50**

black truffle, shallot & wild mushroom fricassee, feta, pangritata, charred Tamar Valley spring onions, nasturtium, leek oil

## **Plant-based sirloin steak** GF DF VE **£23.50**

Tamar Valley heritage tomatoes, triple cooked chips, onion rings, chive butter, watercress

# Sides

**Sweet potato fries**, masala salt, crème fraîche GF DF VE **£6.75**    **Triple cooked chips**, aioli GF DF VE **£6.75**

**This season's best vegetables** GF DF VE **£5**    **House salad**, Dijon vinaigrette GF DF VE **£5**

**Buttered Cornish new potatoes** GF DF VE **£5**

**Charred tenderstem broccoli**, Dijon vinaigrette GF DF VE **£6**    **Onion rings**, dill crème fraîche, watercress DF VE **£5**

**Smoked Matford Home Farm beef brisket poutine** **£9.75**

triple cooked chips, pulled smoked brisket, Godminster Cheddar, beef jus, crispy onions, watercress

# Desserts

## **Kigh's warm treacle tart** **£8.75**

almond crumble, Dunn's Farm clotted cream, raspberries

## **Dark chocolate & Dartmoor ale cake** **£9.75**

frosted malt, honeycomb, clotted cream ice cream

## **The Bedford affogato** GF DF **£9.50**

Owens coffee espresso, Salcombe Dairy ice cream, marinated cherries, Chantilly, stroop wafel,  
Dutch advocaat, chocolate coffee beans

## **Tamar Valley blackberry & Langage Farm yogurt semi fredo** GF **£9.75**

macerated blackberries, violet & pink peppercorn meringue, yogurt Chantilly, honeycomb, sorrel

## **The Bedford toffee apple & frangipane crumble pie** **£9.75**

Tamar Tipple macerated baby apple, malt ice cream, crème fraîche

**Selection of Salcombe Dairy ice creams** GF DF **£8.25**    **Selection of Granny Gothard sorbets** GF DF VE **£8.25**

## **West Country cheeses** GF DF VE **£10.75**

Dartmoor Wistman's Cider & apple chutney, oat cakes, walnuts, grapes