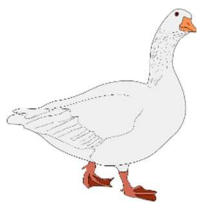


Goose Fair Lunch & Light Bites



Lunches, Light Bites & Sandwiches 12 noon – 3pm | Cream teas, cakes and hot drinks 9am-5pm

Sandwiches

served with salad & crisps, on granary or white bread

Coronation chicken GF DF £11.25

AJ's onion bhaji, mango, coriander

Smoked salmon GF DF £11.25

chive crème fraîche, cucumber, cress

Davidstow Mature Cheddar ploughman's sandwich GF DF VE £13.00

Dartmoor Wistman's Cider & apple chutney, pickled onion, gherkin, grapes, boiled egg

Fish finger & chip butty £11.25

curried tartare sauce, cress

The Bedford croque madame £13.95

sourdough, chorizo jam, Bedford ham, Quickes Mature Cheddar, fried egg, porky crumb, mustard cress

Arun's loaded flatbread £10.95

spiced Cornish beetroot falafel, hummus, red cabbage relish, coriander, mint & yogurt dressing, crispy chickpeas

Light Bites

Soup of the day GF DF £9.50

Lyn's cheese scone, Cornish butter

Crispy Plymouth whitebait GF DF £11.50

chermoula & dill mayo, burnt lemon, fennel & chicory salad

Spiced Cornish beetroot falafel GF DF VE £7.95

hummus, coriander & mint yogurt dressing, crispy chickpeas

Mains

Roasted Devon belly pork GF DF £22.50

roast potatoes, glazed root vegetables, buttered greens, apple & vanilla compote, cauliflower cheese, porky crumb, gravy, watercress

Jail Ale battered sustainable local cod GF DF £23.95

chips, gherkin, Jail Ale egg, crushed pea and mint, tartare sauce, herb salad, malt sea salt, burnt lemon

The Bedford beef & Dartmoor Jail Ale pie £27.50

smoked brisket, garlic mash, Cornish greens, onion ring, watercress

Sauce: Red wine jus £3.50

Keralan spinach & lentil dhal £21.50

Manu's fragrant rice, lemon pickle, red cabbage relish, pickles, coriander, poppadom

Sides

Chips, aioli VE DF £6.95

This season's best vegetables VE GF £5.95

House salad, Dijon vinaigrette VE GF DF £5.95

Buttered Cornish new potatoes VE GF DF £5.95

Charred Tenderstem broccoli, Dijon vinaigrette VE GF DF £6.25

Desserts

Lyn's warm treacle tart £9.25

Dunn's dairy clotted cream

Dark chocolate & Dartmoor ale cake £9.75

frosted malt, honeycomb, cream cheese sorbet

Selection of Salcombe Dairy ice creams GF DF £8.25

Selection of Granny Gothard sorbets GF DF VE £8.25

West Country cheeses of the month GF DF VE £12.50

Dartmoor Wistman's Cider & apple chutney, oat cakes, walnuts, grapes

Tea & Coffee

Americano £3.80

Flat white £4.10

Cappuccino £4.20

Cafetière £4.00

Espresso £2.60

Mocha £5.25

Hot chocolate £5.00

Irish coffee £10.00

Latte £4.20

Selection of Twining's teas £3.75

English Breakfast, Assam, Earl Grey, Peppermint, Lemon & Ginger, Chamomile, Red Bush, Green, Raspberry & Cranberry

Cream Teas & Sweet treats

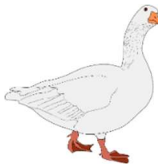
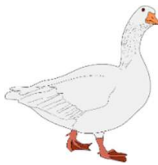
(available all day)

Devon cream tea £9

Large warm homemade scone, Otter Vale strawberry jam, Langage Farm clotted cream, tea or coffee

The Bedford's award-winning savoury cream tea £9

Toasted warm cheese scone, Curworthy Mature Cheddar cheese, Dartmoor ale Marmite butter, pickled walnut and Worcestershire jam, frosted malt, watercress



THE BEDFORD HOTEL

Tavistock

Food items may contain allergens. If you have a food allergy or intolerance, please inform your server before placing your order. Please be aware that we are unable to 100% guarantee the absence of allergens in any dish.

GF: Can be adapted to gluten free on request. DF: Can be adapted to dairy free on request. VE: Can be adapted to vegan on request.

