

COURSE HANDICAP™ TABLE

Dainton Park Golf Club



Course Rating 71.3

Men's White (from 1 Aug 2025)

Par 71 Slope 132

+5.0 to +5.0	Handica	p Index®	Course Handicap™	Handicap Index®	Course Handicap [™]
+4.1 to +3.3 +4 25.0 to 25.8 30 +3.2 to +2.4 +3 25.9 to 26.7 31 +2.3 to +1.6 +2 26.8 to 27.5 32 +1.5 to +0.7 +1 27.6 to 28.4 33 +0.6 to 0.1 0 28.5 to 29.2 34 0.2 to 1.0 1 29.3 to 30.1 35 1.1 to 1.8 2 30.2 to 30.9 36 1.9 to 2.7 3 31.0 to 31.8 37 2.8 to 3.5 4 31.9 to 32.7 38 3.6 to 4.4 5 32.8 to 33.5 39 4.5 to 5.3 6 33.6 to 34.4 40 5.4 to 6.1 7 34.5 to 35.2 41 6.2 to 7.0 8 35.3 to 36.1 42 7.1 to 7.8 9 36.2 to 36.9 43 7.9 to 8.7 10 37.0 to 37.8 44 8.8 to 9.5 11 37.9 to 38.6 45 9.6 to 10.4 12 38.7 to 39.5 46 10.5 to 11.2 13 39.6 to 40.4 47 11.3 to 12.1 14 40.5	+5.0	to +5.0	+6	23.3 to 24.1	28
+3.2 to +2.4 +3 25.9 to 26.7 31 +2.3 to +1.6 +2 26.8 to 27.5 32 +1.5 to +0.7 +1 27.6 to 28.4 33 +0.6 to 0.1 0 28.5 to 29.2 34 0.2 to 1.0 1 29.3 to 30.1 35 1.1 to 1.8 2 30.2 to 30.9 36 1.9 to 2.7 3 31.0 to 31.8 37 2.8 to 3.5 4 31.9 to 32.7 38 3.6 to 4.4 5 32.8 to 33.5 39 4.5 to 5.3 6 33.6 to 34.4 40 5.4 to 6.1 7 34.5 to 35.2 41 6.2 to 7.0 8 35.3 to 36.1 42 7.1 to 7.8 9 36.2 to 36.9 43 7.9 to 8.7 10 37.0 to 37.8 44 8.8 to 9.5 11 37.9 to 38.6 45 9.6 to 10.4 12 38.7 to 39.5 46 10.5 to 11.2 13 39.6 to 40.4 47 11.3 to 13.8 16 42.2 to 42.9 50 13.9 to 14.7 17 43.0	+4.9	to +4.2	+5	24.2 to 24.9	29
+2.3 to +1.6 +2 26.8 to 27.5 32 +1.5 to +0.7 +1 27.6 to 28.4 33 +0.6 to 0.1 0 28.5 to 29.2 34 0.2 to 1.0 1 29.3 to 30.1 35 1.1 to 1.8 2 30.2 to 30.9 36 1.9 to 2.7 3 31.0 to 31.8 37 2.8 to 3.5 4 31.9 to 32.7 38 3.6 to 4.4 5 32.8 to 33.5 39 4.5 to 5.3 6 33.6 to 34.4 40 5.4 to 6.1 7 34.5 to 35.2 41 6.2 to 7.0 8 35.3 to 36.1 42 7.1 to 7.8 9 36.2 to 36.9 43 7.9 to 8.7 10 37.0 to 37.8 44 8.8 to 9.5 11 37.9 to 38.6 45 9.6 to 10.4 12 38.7 to 39.5 46 10.5 to 11.2 13 39.6 to 40.4 47 11.3 to 12.1 14 40.5 to 41.2 48 12.2 to 13.0 15 41.3 to 42.1 49 13.1 to 13.8 16 42.2	+4.1	to +3.3	+4	25.0 to 25.8	30
+1.5 to +0.7	+3.2	to +2.4	+3	25.9 to 26.7	31
+0.6 to 0.1 0 28.5 to 29.2 34 0.2 to 1.0 1 29.3 to 30.1 35 1.1 to 1.8 2 30.2 to 30.9 36 1.9 to 2.7 3 31.0 to 31.8 37 2.8 to 3.5 4 31.9 to 32.7 38 3.6 to 4.4 5 32.8 to 33.5 39 4.5 to 5.3 6 33.6 to 34.4 40 5.4 to 6.1 7 34.5 to 35.2 41 6.2 to 7.0 8 35.3 to 36.1 42 7.1 to 7.8 9 36.2 to 36.9 43 7.9 to 8.7 10 37.0 to 37.8 44 8.8 to 9.5 11 37.9 to 38.6 45 9.6 to 10.4 12 38.7 to 39.5 46 10.5 to 11.2 13 39.6 to 40.4 47 11.3 to 12.1 14 40.5 to 41.2 48 12.2 to 13.0 15 41.3 to 42.1 49 13.1 to 13.8 16 42.2 to 42.9 50 13.9 to 14.7 17 43.0 to 43.8 51 14.8 to 15.5 18 43.9 to 44.6 52 15.6 to 16.4 19 44.7 to 45.5 53 16.5 to 17.2 20 45.6 to 46.3 54 17.3 to 18.1 21 46.4 to 47.2 55	+2.3	to +1.6	+2	26.8 to 27.5	32
0.2 to 1.0 1 29.3 to 30.1 35 1.1 to 1.8 2 30.2 to 30.9 36 1.9 to 2.7 3 31.0 to 31.8 37 2.8 to 3.5 4 31.9 to 32.7 38 3.6 to 4.4 5 32.8 to 33.5 39 4.5 to 5.3 6 33.6 to 34.4 40 5.4 to 6.1 7 34.5 to 35.2 41 6.2 to 7.0 8 35.3 to 36.1 42 7.1 to 7.8 9 36.2 to 36.9 43 7.9 to 8.7 10 37.0 to 37.8 44 8.8 to 9.5 11 37.9 to 38.6 45 9.6 to 10.4 12 38.7 to 39.5 46 10.5 to 11.2 13 39.6 to 40.4 47 11.3 to 12.1 14 40.5 to 41.2 48 12.2 to 13.0 15 41.3 to 42.1 49 13.1 to 13.8 16 42.2 to 42.9 50 13.9 to 14.7 17 43.0 to 43.8 51 14.8 to 15.5 18 43.9 to 44.6 52 15.6 to 16.4 19 44.	+1.5	to +0.7	+1	27.6 to 28.4	33
1.1 to 1.8 2 30.2 to 30.9 36 1.9 to 2.7 3 31.0 to 31.8 37 2.8 to 3.5 4 31.9 to 32.7 38 3.6 to 4.4 5 32.8 to 33.5 39 4.5 to 5.3 6 33.6 to 34.4 40 5.4 to 6.1 7 34.5 to 35.2 41 6.2 to 7.0 8 35.3 to 36.1 42 7.1 to 7.8 9 36.2 to 36.9 43 7.9 to 8.7 10 37.0 to 37.8 44 8.8 to 9.5 11 37.9 to 38.6 45 9.6 to 10.4 12 38.7 to 39.5 46 10.5 to 11.2 13 39.6 to 40.4 47 11.3 to 12.1 14 40.5 to 41.2 48 12.2 to 13.0 15 41.3 to 42.1 49 13.1 to 13.8 16 42.2 to 42.9 50 13.9 to 14.7 17 43.0 to 43.8 51 14.8 to 15.5 18 43.9 to 44.6 52 15.6 to 16.4 19 44.7 to 45.5 53 16.5 to 17.2 20	+0.6	to 0.1	0	28.5 to 29.2	34
1.9 to 2.7 3 31.0 to 31.8 37 2.8 to 3.5 4 31.9 to 32.7 38 3.6 to 4.4 5 32.8 to 33.5 39 4.5 to 5.3 6 33.6 to 34.4 40 5.4 to 6.1 7 34.5 to 35.2 41 6.2 to 7.0 8 35.3 to 36.1 42 7.1 to 7.8 9 36.2 to 36.9 43 7.9 to 8.7 10 37.0 to 37.8 44 8.8 to 9.5 11 37.9 to 38.6 45 9.6 to 10.4 12 38.7 to 39.5 46 10.5 to 11.2 13 39.6 to 40.4 47 11.3 to 12.1 14 40.5 to 41.2 48 12.2 to 13.0 15 41.3 to 42.1 49 13.1 to 13.8 16 42.2 to 42.9 50 13.9 to 14.7 17 43.0 to 43.8 51 14.8 to 15.5 18 43.9 to 44.6 52 15.6 to 16.4 19 44.7 to 45.5 53 16.5 to 17.2 20 45.6 to 46.3 54 17.3 to 18.1 21 <	0.2	to 1.0	1	29.3 to 30.1	35
2.8 to 3.5 4 31.9 to 32.7 38 3.6 to 4.4 5 32.8 to 33.5 39 4.5 to 5.3 6 33.6 to 34.4 40 5.4 to 6.1 7 34.5 to 35.2 41 6.2 to 7.0 8 35.3 to 36.1 42 7.1 to 7.8 9 36.2 to 36.9 43 7.9 to 8.7 10 37.0 to 37.8 44 8.8 to 9.5 11 37.9 to 38.6 45 9.6 to 10.4 12 38.7 to 39.5 46 10.5 to 11.2 13 39.6 to 40.4 47 11.3 to 12.1 14 40.5 to 41.2 48 12.2 to 13.0 15 41.3 to 42.1 49 13.1 to 13.8 16 42.2 to 42.9 50 13.9 to 14.7 17 43.0 to 43.8 51 14.8 to 15.5 18 43.9 to 44.6 52 15.6 to 16.4 19 44.7 to 45.5 53 16.5 to 17.2 20 45.6 to 46.3 54 17.3 to 18.1 21 46.4 to 47.2 55	1.1	to 1.8	2	30.2 to 30.9	36
3.6 to 4.4 5 32.8 to 33.5 39 4.5 to 5.3 6 33.6 to 34.4 40 5.4 to 6.1 7 34.5 to 35.2 41 6.2 to 7.0 8 35.3 to 36.1 42 7.1 to 7.8 9 36.2 to 36.9 43 7.9 to 8.7 10 37.0 to 37.8 44 8.8 to 9.5 11 37.9 to 38.6 45 9.6 to 10.4 12 38.7 to 39.5 46 10.5 to 11.2 13 39.6 to 40.4 47 11.3 to 12.1 14 40.5 to 41.2 48 12.2 to 13.0 15 41.3 to 42.1 49 13.1 to 13.8 16 42.2 to 42.9 50 13.9 to 14.7 17 43.0 to 43.8 51 14.8 to 15.5 18 43.9 to 44.6 52 15.6 to 16.4 19 44.7 to 45.5 53 16.5 to 17.2 20 45.6 to 46.3 54 17.3 to 18.1 21 46.4 to 47.2 55	1.9	to 2.7	3	31.0 to 31.8	37
4.5 to 5.3 6 33.6 to 34.4 40 5.4 to 6.1 7 34.5 to 35.2 41 6.2 to 7.0 8 35.3 to 36.1 42 7.1 to 7.8 9 36.2 to 36.9 43 7.9 to 8.7 10 37.0 to 37.8 44 8.8 to 9.5 11 37.9 to 38.6 45 9.6 to 10.4 12 38.7 to 39.5 46 10.5 to 11.2 13 39.6 to 40.4 47 11.3 to 12.1 14 40.5 to 41.2 48 12.2 to 13.0 15 41.3 to 42.1 49 13.1 to 13.8 16 42.2 to 42.9 50 13.9 to 14.7 17 43.0 to 43.8 51 14.8 to 15.5 18 43.9 to 44.6 52 15.6 to 16.4 19 44.7 to 45.5 53 16.5 to 17.2 20 45.6 to 46.3 54 17.3 to 18.1 21 46.4 to 47.2 55	2.8	to 3.5	4	31.9 to 32.7	38
5.4 to 6.1 7 34.5 to 35.2 41 6.2 to 7.0 8 35.3 to 36.1 42 7.1 to 7.8 9 36.2 to 36.9 43 7.9 to 8.7 10 37.0 to 37.8 44 8.8 to 9.5 11 37.9 to 38.6 45 9.6 to 10.4 12 38.7 to 39.5 46 10.5 to 11.2 13 39.6 to 40.4 47 11.3 to 12.1 14 40.5 to 41.2 48 12.2 to 13.0 15 41.3 to 42.1 49 13.1 to 13.8 16 42.2 to 42.9 50 13.9 to 14.7 17 43.0 to 43.8 51 14.8 to 15.5 18 43.9 to 44.6 52 15.6 to 16.4 19 44.7 to 45.5 53 16.5 to 17.2 20 45.6 to 46.3 54 17.3 to 18.1 21 46.4 to 47.2 55	3.6	to 4.4	5	32.8 to 33.5	39
6.2 to 7.0 8 35.3 to 36.1 42 7.1 to 7.8 9 36.2 to 36.9 43 7.9 to 8.7 10 37.0 to 37.8 44 8.8 to 9.5 11 37.9 to 38.6 45 9.6 to 10.4 12 38.7 to 39.5 46 10.5 to 11.2 13 39.6 to 40.4 47 11.3 to 12.1 14 40.5 to 41.2 48 12.2 to 13.0 15 41.3 to 42.1 49 13.1 to 13.8 16 42.2 to 42.9 50 13.9 to 14.7 17 43.0 to 43.8 51 14.8 to 15.5 18 43.9 to 44.6 52 15.6 to 16.4 19 44.7 to 45.5 53 16.5 to 17.2 20 45.6 to 46.3 54 17.3 to 18.1 21 46.4 to 47.2 55	4.5	to 5.3	6	33.6 to 34.4	40
7.1 to 7.8 9 36.2 to 36.9 43 7.9 to 8.7 10 37.0 to 37.8 44 8.8 to 9.5 11 37.9 to 38.6 45 9.6 to 10.4 12 38.7 to 39.5 46 10.5 to 11.2 13 39.6 to 40.4 47 11.3 to 12.1 14 40.5 to 41.2 48 12.2 to 13.0 15 41.3 to 42.1 49 13.1 to 13.8 16 42.2 to 42.9 50 13.9 to 14.7 17 43.0 to 43.8 51 14.8 to 15.5 18 43.9 to 44.6 52 15.6 to 16.4 19 44.7 to 45.5 53 16.5 to 17.2 20 45.6 to 46.3 54 17.3 to 18.1 21 46.4 to 47.2 55	5.4	to 6.1	7	34.5 to 35.2	41
7.9 to 8.7 10 37.0 to 37.8 44 8.8 to 9.5 11 37.9 to 38.6 45 9.6 to 10.4 12 38.7 to 39.5 46 10.5 to 11.2 13 39.6 to 40.4 47 11.3 to 12.1 14 40.5 to 41.2 48 12.2 to 13.0 15 41.3 to 42.1 49 13.1 to 13.8 16 42.2 to 42.9 50 13.9 to 14.7 17 43.0 to 43.8 51 14.8 to 15.5 18 43.9 to 44.6 52 15.6 to 16.4 19 44.7 to 45.5 53 16.5 to 17.2 20 45.6 to 46.3 54 17.3 to 18.1 21 46.4 to 47.2 55	6.2	to 7.0	8	35.3 to 36.1	42
8.8 to 9.5 9.6 to 10.4 12 38.7 to 39.5 46 10.5 to 11.2 13 39.6 to 40.4 47 11.3 to 12.1 14 40.5 to 41.2 48 12.2 to 13.0 15 41.3 to 42.1 49 13.1 to 13.8 16 42.2 to 42.9 50 13.9 to 14.7 17 43.0 to 43.8 51 14.8 to 15.5 18 43.9 to 44.6 52 15.6 to 16.4 19 44.7 to 45.5 53 16.5 to 17.2 20 45.6 to 46.3 54 17.3 to 18.1 21 46.4 to 47.2 55	7.1	to 7.8	9	36.2 to 36.9	43
9.6 to 10.4 12 38.7 to 39.5 46 10.5 to 11.2 13 39.6 to 40.4 47 11.3 to 12.1 14 40.5 to 41.2 48 12.2 to 13.0 15 41.3 to 42.1 49 13.1 to 13.8 16 42.2 to 42.9 50 13.9 to 14.7 17 43.0 to 43.8 51 14.8 to 15.5 18 43.9 to 44.6 52 15.6 to 16.4 19 44.7 to 45.5 53 16.5 to 17.2 20 45.6 to 46.3 54 17.3 to 18.1 21 46.4 to 47.2 55	7.9	to 8.7	10	37.0 to 37.8	44
10.5 to 11.2 13 39.6 to 40.4 47 11.3 to 12.1 14 40.5 to 41.2 48 12.2 to 13.0 15 41.3 to 42.1 49 13.1 to 13.8 16 42.2 to 42.9 50 13.9 to 14.7 17 43.0 to 43.8 51 14.8 to 15.5 18 43.9 to 44.6 52 15.6 to 16.4 19 44.7 to 45.5 53 16.5 to 17.2 20 45.6 to 46.3 54 17.3 to 18.1 21 46.4 to 47.2 55	8.8	to 9.5	11	37.9 to 38.6	
11.3 to 12.1 14 40.5 to 41.2 48 12.2 to 13.0 15 41.3 to 42.1 49 13.1 to 13.8 16 42.2 to 42.9 50 13.9 to 14.7 17 43.0 to 43.8 51 14.8 to 15.5 18 43.9 to 44.6 52 15.6 to 16.4 19 44.7 to 45.5 53 16.5 to 17.2 20 45.6 to 46.3 54 17.3 to 18.1 21 46.4 to 47.2 55			12	38.7 to 39.5	
12.2 to 13.0 15 41.3 to 42.1 49 13.1 to 13.8 16 42.2 to 42.9 50 13.9 to 14.7 17 43.0 to 43.8 51 14.8 to 15.5 18 43.9 to 44.6 52 15.6 to 16.4 19 44.7 to 45.5 53 16.5 to 17.2 20 45.6 to 46.3 54 17.3 to 18.1 21 46.4 to 47.2 55					
13.1 to 13.8 16 42.2 to 42.9 50 13.9 to 14.7 17 43.0 to 43.8 51 14.8 to 15.5 18 43.9 to 44.6 52 15.6 to 16.4 19 44.7 to 45.5 53 16.5 to 17.2 20 45.6 to 46.3 54 17.3 to 18.1 21 46.4 to 47.2 55					
13.9 to 14.7 17 43.0 to 43.8 51 14.8 to 15.5 18 43.9 to 44.6 52 15.6 to 16.4 19 44.7 to 45.5 53 16.5 to 17.2 20 45.6 to 46.3 54 17.3 to 18.1 21 46.4 to 47.2 55					
14.8 to 15.5 18 43.9 to 44.6 52 15.6 to 16.4 19 44.7 to 45.5 53 16.5 to 17.2 20 45.6 to 46.3 54 17.3 to 18.1 21 46.4 to 47.2 55	13.1	to 13.8			
15.6 to 16.4 19 44.7 to 45.5 53 16.5 to 17.2 20 45.6 to 46.3 54 17.3 to 18.1 21 46.4 to 47.2 55	13.9	to 14.7	17	43.0 to 43.8	51
16.5 to 17.2 20 45.6 to 46.3 54 17.3 to 18.1 21 46.4 to 47.2 55	14.8	to 15.5		43.9 to 44.6	
17.3 to 18.1 21 46.4 to 47.2 55					
18.2 to 19.0 22 47.3 to 48.1 56					
19.1 to 19.8 23 48.2 to 48.9 57					
19.9 to 20.7 24 49.0 to 49.8 58					
20.8 to 21.5 25 49.9 to 50.6 59					
21.6 to 22.4 26 50.7 to 51.5 60					
22.5 to 23.2 27 51.6 to 52.3 61	22.5	to 23.2	27	51.6 to 52.3	61

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column. Play with the Course Handicap $^{\text{TM}}$ in the right column which correspond with that range. Please make sure the tees you are playing correspond with the tees this table applies to.

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
52.4 to 53.2	62		
53.3 to 54.0	63		

INSTRUCTIONS