



ESPA

## Treatment Menu

### Face

ESPA Express Beauty Facial  
£45, 30mins

Allow a unique blend of plant extracts, marine actives and aromatherapy actives awaken clear, radiant skin, while chakra crystals restore clarity and balance to your mind.

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ESPA Inner Beauty Facial  
£70, 60mins

Reveal a renewed and glowing complexion with this tailored facial, boosted with Tri-Active™ formulas and targeted massage to restore naturally beautiful skin and blissful inner calm.

### Body

ESPA Hot Stone Massage  
£75, 60mins / £95, 90mins

Indulge in sensorial luxury with this intensive massage. Discover the grounding, mindful experience of hot stones.

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ESPA Inner Calm Aromatherapy Massage  
£65, 60mins / £95, 90mins

Quieten your mind, release tension and nourish your body with this holistic, ultimately restorative experience.

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ESPA Mum To Be  
£80, 60mins / £100, 90mins

As gentle formulas nourish and nurture your changing body, expert massage soothes tender muscles and invokes blissful relaxation.

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ESPA Salt and Oil Body Scrub  
£40, 30mins

Revive skin's natural softness and glow with this intensely exfoliating treatment. An ideal way to prepare skin for other treatments. Skin feels smooth, supple and looks radiantly healthy.

To book a treatment, visit  
[www.gonvillehotel.co.uk](http://www.gonvillehotel.co.uk) or  
The Gonville Hotel reception.

Contact  
[wellness@gonvillehotel.co.uk](mailto:wellness@gonvillehotel.co.uk)  
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